

NATIVE PLANT-INSECT INTERACTIONS GUIDE



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Native plants co-evolved with native insects and wildlife; they are deeply dependent on one another. Plants provide food and shelter to insects, birds, and other small animals, which, in turn support larger predators. Native plants are the fundamental stepping stones of a healthy eco-system. Heather Holm, author of *Bees and Pollinators of Native Plants* has compiled a general guide to these plant and insect relationships for some of the more common native plants we carry.

Please Note: Honeybees are not native to North America and therefore not included in this chart. They are considered generalist foragers and visit a wide variety of flowers. By choosing native plants, you are providing nutritionally significant food sources for both honeybees and native bees.

-by Heather Holm & Prairie Moon Nursery

Botanical Name	Common Name	Bumble Bees	Solitary Bees	Specialist Bee	Butterfly/Moth	*Host Plant	Wasps	Beetles	Hummingbirds
*Host Plant (larval): Defined as a specific plant or genus that a butterfly or moth larva feeds upon.									
<i>Actaea rubra</i>	Red Baneberry		●						
<i>Agastache foeniculum</i>	Anise Hyssop	●	●		●			●	●
<i>Agastache scrophulariaefolia</i>	Purple Giant Hyssop	●	●		●			●	●
<i>Allium cernuum</i>	Nodding Onion	●	●					●	
<i>Allium tricoccum</i>	Wild Leek	●	●						
<i>Amelanchier canadensis</i>	Shadblow		●						
<i>Amorpha canescens</i>	Lead Plant	●	●	●		●	●	●	
<i>Amsonia illustris</i>	Ozark Bluestar	●	●	●	●				
<i>Anaphalis margaritacea</i>	Pearly Everlasting	●	●	●	●	●	●	●	
<i>Andropogon gerardii</i>	Big Bluestem					●			
<i>Anemone canadensis</i>	Canada Anemone		●					●	
<i>Antennaria neglecta</i>	Prairie Pussytoes		●			●	●	●	
<i>Aquilegia canadensis</i>	Columbine	●				●			●
<i>Asclepias exaltata</i>	Poke Milkweed	●			●	●			
<i>Asclepias incarnata</i>	Rose Milkweed	●	●		●	●	●	●	●
<i>Asclepias syriaca</i>	Common Milkweed	●	●		●	●	●	●	●
<i>Asclepias tuberosa</i>	Butterfly Weed	●	●		●	●	●	●	●
<i>Asclepias verticillata</i>	Whorled Milkweed	●	●		●	●	●	●	●
<i>Asclepias viridis</i>	Spider Milkweed	●	●		●	●	●	●	
<i>Asclepias sullivantii</i>	Prairie Milkweed	●	●		●	●	●	●	●
<i>Baptisia alba</i>	White Wild Indigo	●	●		●				
<i>Baptisia australis</i>	Blue Wild Indigo	●	●		●				
<i>Baptisia bracteata</i>	Cream Wild Indigo	●	●		●				
<i>Blephilia ciliata</i>	Downy Wood Mint	●	●		●		●		
<i>Blephilia hirsuta</i>	Hairy Wood Mint	●	●		●		●		
<i>Boltonia asteroides</i>	False Aster	●	●	●	●		●	●	
<i>Bouteloua curtipendula</i>	Side-oats Grama					●			
<i>Callirhoe bushii</i>	Bush's Poppy Mallow		●	●					
<i>Camassia esculenta</i>	Wild Hyacinth	●	●		●		●	●	
<i>Campanula rotundifolia</i>	Harebell		●	●	●				
<i>Carex blanda</i>	Common Wood Sedge					●			
<i>Carex muskingumensis</i>	Palm Sedge					●			
<i>Ceanothus americanus</i>	New Jersey Tea	●	●	●	●	●	●	●	
<i>Chamaenerion angustifolium</i>	Fireweed	●	●		●		●	●	●
<i>Cimicifuga racemosa</i>	Black Cohosh		●					●	
<i>Cirsium discolor</i>	Pasture Thistle	●	●	●	●	●	●	●	●
<i>Clematis virginiana</i>	Virgin's Bower	●	●		●		●	●	
<i>Conoclinium coelestinum</i>	Mistflower	●	●		●				
<i>Coreopsis lanceolata</i>	Lance-leaf Coreopsis	●	●	●	●			●	
<i>Coreopsis palmata</i>	Prairie Coreopsis	●	●	●	●		●	●	
<i>Cornus stolonifera</i>	Red Osier Dogwood	●	●	●	●	●	●	●	
<i>Dalea purpurea</i>	Purple Prairie Clover	●	●	●	●		●	●	
<i>Echinacea pallida</i>	Pale Purple Coneflower	●	●	●	●		●	●	
<i>Echinacea paradoxa</i>	Bush's Coneflower	●	●	●	●		●	●	
<i>Echinacea purpurea</i>	Purple Coneflower	●	●	●	●		●	●	●
<i>Eragrostis spectabilis</i>	Purple Love Grass					●			
<i>Eryngium yuccifolium</i>	Rattlesnake Master	●	●		●	●	●	●	
<i>Erythronium albidum</i>	White Trout Lily	●	●	●					
<i>Eurybia macrophylla</i>	Big-leaved Aster	●	●	●		●	●	●	
<i>Eutrochium purpureum</i>	Sweet Joe Pye Weed	●	●		●	●	●		
<i>Eutrochium maculatum</i>	Joe Pye Weed	●	●		●	●			
<i>Filipendula rubra</i>	Queen of the Prairie	●	●						
<i>Fragaria virginiana</i>	Wild Strawberry	●	●	●	●	●	●	●	
<i>Gentiana andrewsii</i>	Bottle Gentian	●							
<i>Geranium maculatum</i>	Wild Geranium	●	●	●		●		●	
<i>Geum triflorum</i>	Prairie Smoke	●	●						
<i>Helenium autumnale</i>	Sneezeweed	●	●	●	●	●	●	●	
<i>Helianthus occidentalis</i>	Western Sunflower		●	●	●			●	
<i>Heliopsis helianthoides</i>	Early Sunflower	●	●	●	●	●	●	●	
<i>Hibiscus laevis</i>	Rose Mallow	●	●	●					
<i>Hypericum prolificum</i>	Shrubby St. John's Wort	●	●					●	
<i>Iris cristata</i>	Dwarf Crested Iris	●							
<i>Iris virginica var. shrevei</i>	Southern Blue Flag	●							●
<i>Liatris aspera</i>	Button Blazing Star	●	●	●	●			●	
<i>Liatris ligulistylis</i>	Meadow Blazing Star	●	●	●	●				
<i>Liatris pycnostachya</i>	Prairie Blazing Star	●	●	●	●			●	
<i>Lilium michiganense</i>	Michigan Lily				●				
<i>Lobelia cardinalis</i>	Cardinal Flower								
<i>Lobelia siphilitica</i>	Great Blue Lobelia	●	●					●	
<i>Lupinus perennis</i>	Wild Lupine	●	●	●		●			
<i>Maianthemum canadense</i>	Solomon's Plume		●		●			●	
<i>Monarda bradburiana</i>	Bradbury's Monarda	●	●	●	●	●	●	●	●
<i>Monarda fistulosa</i>	Wild Bergamot	●	●	●	●	●	●	●	●
<i>Monarda punctata</i>	Spotted Bee Balm	●	●	●	●	●	●	●	●
<i>Oligoneuron rigidum</i>	Stiff Goldenrod	●	●	●	●	●	●	●	
<i>Opuntia humifusa</i>	Eastern Prickly Pear	●	●	●					
<i>Oxalis violacea</i>	Violet Wood Sorrel	●	●		●				
<i>Panicum virgatum</i>	Switch Grass					●			
<i>Parthenium integrifolium</i>	Wild Quinine	●	●		●		●		
<i>Penstemon digitalis</i>	Foxglove Beardtongue	●	●	●					●
<i>Penstemon grandiflorus</i>	Lg-flowered Beardtongue	●	●	●					
<i>Penstemon hirsutus</i>	Hairy Beardtongue	●	●	●	●	●	●	●	●
<i>Phlox pilosa</i>	Prairie Phlox	●	●		●		●		
<i>Physostegia virginiana</i>	Obedient Plant	●	●		●				
<i>Podophyllum peltatum</i>	May Apple		●			●			
<i>Polemonium reptans</i>	Jacob's Ladder	●	●	●					●
<i>Porteranthus stipulatus</i>	Western Indian Physic		●		●				
<i>Pycnanthemum pilosum</i>	Hairy Mountain Mint	●	●		●		●		
<i>Ratibida pinnata</i>	Yellow Coneflower	●	●	●	●	●	●	●	
<i>Rosa palustris</i>	Swamp Rose	●	●			●			
<i>Rosa setigera</i>	Illinois Rose	●	●			●			
<i>Rudbeckia fulgida</i>	Orange Coneflower		●						
<i>Rudbeckia hirta</i>	Black-eyed Susan	●	●	●	●	●	●	●	
<i>Rudbeckia laciniata</i>	Wild Golden Glow	●	●	●	●	●	●	●	
<i>Rudbeckia subtomentosa</i>	Sweet Black-eyed Susan		●	●	●		●		
<i>Rudbeckia triloba</i>	Brown-eyed Susan	●	●	●	●	●	●	●	
<i>Ruellia humilis</i>	Wild Petunia		●				●		
<i>Salix discolor</i>	Pussy Willow	●	●	●	●	●	●	●	
<i>Salvia azurea</i>	Blue Sage	●	●		●				●
<i>Sambucus canadensis</i>	Elderberry		●						
<i>Schizachyrium scoparium</i>	Little Bluestem					●			
<i>Scrophularia marilandica</i>	Late Figwort	●	●		●	●	●	●	●
<i>Senna hebecarpa</i>	Wild Senna	●	●			●	●	●	
<i>Silene regia</i>	Royal Catchfly				●				●
<i>Silphium laciniatum</i>	Compass Plant	●	●	●	●	●	●	●	
<i>Silphium perfoliatum</i>	Cup Plant	●	●	●	●	●	●	●	
<i>Silphium terebinthinaceum</i>	Prairie Dock	●	●	●	●	●	●	●	
<i>Sisyrinchium albidum</i>	Common Blue-eyed Grass		●						
<i>Solidago flexicaulis</i>	Zig Zag Goldenrod	●	●	●	●				
<i>Solidago speciosa</i>	Showy Goldenrod	●	●	●	●				
<i>Symphoricarpos albus</i>	Snowberry	●	●	●	●				
<i>Symphoricarpos orbiculatus</i>	Coralberry	●	●	●	●				
<i>Symphytum cordifolium</i>	Heart-leaved Aster	●	●	●	●				
<i>Symphytum laeve</i>	Smooth Blue Aster	●	●	●	●				
<i>Symphytum novae-angliae</i>	New England Aster	●	●	●	●				
<i>Symphytum oblongifolium</i>	Aromatic Aster	●	●	●	●				
<i>Symphytum oolentangiense</i>	Sky Blue Aster	●	●	●	●				
<i>Symphytum sericeum</i>	Silky Aster	●	●	●	●				
<i>Symphytum shortii</i>	Short's Aster	●	●	●	●				
<i>Taenidia integerrima</i>	Yellow Pimpernel	●	●	●	●				
<i>Tradescantia virginiana</i>	Ohio Spiderwort	●	●						
<i>Verbena hastata</i>	Blue Vervain	●	●	●	●				
<i>Verbena stricta</i>	Hoary Vervain	●	●	●	●				
<i>Vernonia fasciculata</i>	Common Ironweed	●	●	●	●				
<i>Veronicastrum virginicum</i>	Culver's Root	●	●		●	●			
<i>Viola pedatifida</i>	Prairie Violet	●	●	●	●				
<i>Viola sororia</i>	Common Blue Violet	●	●	●	●				